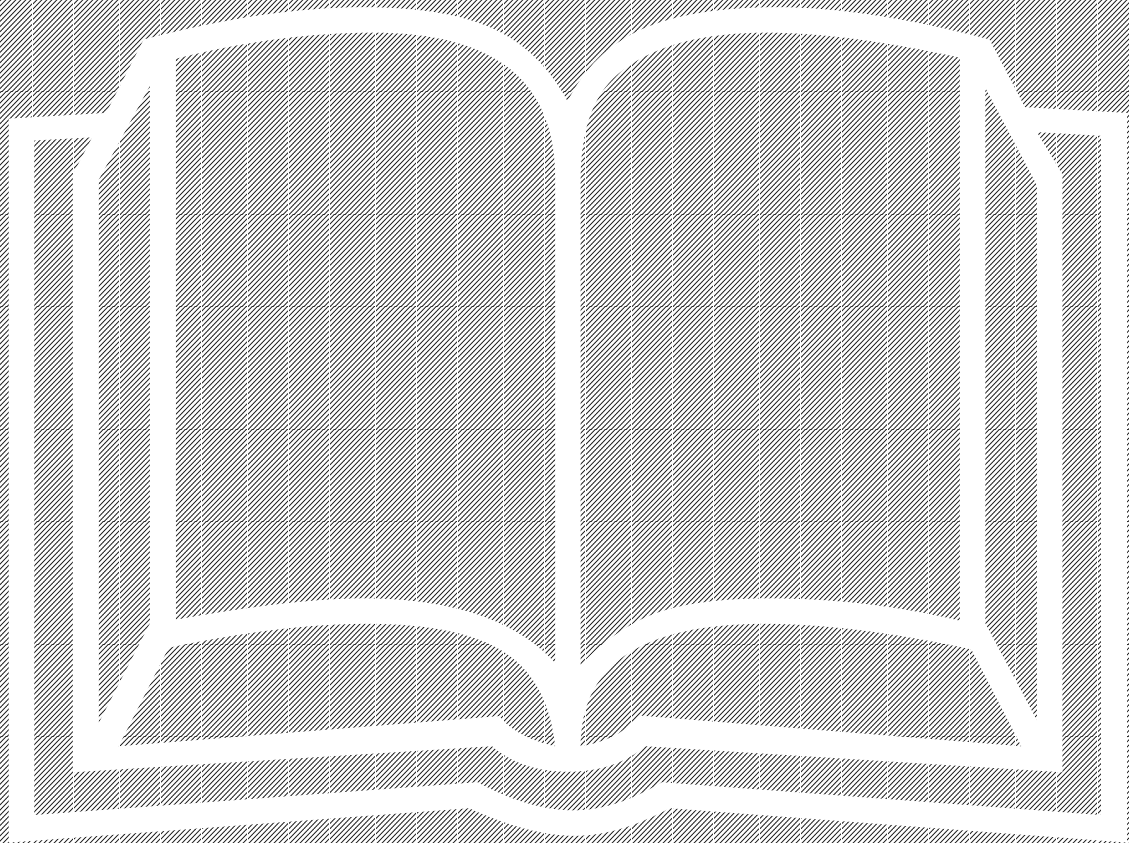

MARSHALL HEIGHTS COMMUNITY DEVELOPMENT ORGANIZATION, INC.
DIRECTORY OF WARD 7 BUSINESSES

BUY A PRODUCT OR SERVICE FROM A NEIGHBORHOOD-BASED BUSINESS!

2002-2003

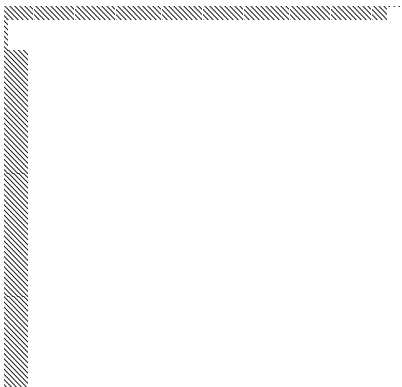


Directory of Ward 7 Businesses

About Ward 7 Washington, DC

Ward 7 is located in the easternmost section of the District of Columbia, flanked by the Anacostia River and the borders of Prince George's County, Maryland. Businesses and residents enjoy easy access to the services and amenities in the tri-State region of the District of Columbia, Maryland and Virginia by way of three Metro-rail stations (Blue and Orange Lines), Metro-bus service along major corridors and several major transportation routes. Ward 7 lush with historic sites, vast parklands, wetlands, rolling landscapes, stately homes and the City's second largest park, Fort Dupont. Though not as well known as its sister Rock Creek, Fort Dupont Park is 376 acres of pristine parkland and recreation facilities. The Fort Dupont Ice Rink is the only in-door rink in the City. The nearby Kenilworth Aquatic Gardens is home to 40 species of water flowers and plants.

This Directory lists most of the businesses located in the Ward 7 community, and is updated semi-annually. Please patronize local merchants, buy a product or service, build our community and create jobs in Ward 7.



APPAREL & SHOES

Payless Shoe Store

3900 Minnesota Avenue, Northeast
Washington, DC 20019

Susan Fashion

3939 Minnesota Avenue, Northeast
Washington, DC 20019

Shoe City Sports

3935 Minnesota Avenue, Northeast
Washington, DC 20019

Footlocker

3946 Minnesota Avenue, Northeast
Washington, DC 20019

Simply Fashion

3921 Minnesota Avenue, Northeast
Washington, DC 20019

Ashley Stewart

2847 Alabama Avenue, Southeast
Washington, DC 20020

Discount Mart

2834 Alabama Avenue, Southeast
Washington, DC 20020

One Price Clothing

2853 Alabama Avenue, Southeast
Washington, DC 20020

Shoe City

2808 Alabama Avenue, Southeast
Washington, DC 20020

12 Boutique

1219 44th Street, Northeast
Washington, DC 20019

S&K Shoe Repair

4801 Benning Road, Northeast
Washington, DC 20019

Benning Shoe Repair

4246 Benning Road, Northeast
Washington, DC 20019

Simply Fashions

2818 Alabama Avenue, Southeast
Washington, DC 20020

Designers Discount Trading Post

1628 Good Hope Road, Southeast
Washington, DC 20020

The Athlete's Foot

4600 Benning Road, Northeast
Washington, DC 20019

AUTOMOTIVE [SERVICE, SALES, LEASING, TOWING]

Kenilworth Amoco

1535 Kenilworth Avenue, Northeast
Washington, DC 20019

Earl's Discount Auto Parts

2901 Minnesota Avenue, Northeast
Washington, DC 20019

Trak Auto

3925 Minnesota Avenue, Northeast
Washington, DC 20019

Minnesota Mobil Service

3820 Minnesota Avenue, Southeast
Washington, DC 20019

Minnesota Avenue Service Station

33830 Minnesota Avenue, Northeast
Washington, DC 20019

Trak Auto

2810 Good Hope Road, Southeast
Washington, DC 20019

Gary L. Corp. Detailing & Automotive Service

4917 Sheriff Road, Northeast
Washington, DC 20019

Kenilworth Used Auto Parts, Inc.

1215 Kenilworth Avenue, Northeast
Washington, DC 20019

Fort Dupont Amoco

4101 Alabama Avenue, Southeast
Washington, DC 20020

Gary Mobile Upholstering

4169 Minnesota Avenue, Northeast
Washington, DC 20019

Ekono Cars Used Auto Sales

2313 Pennsylvania Avenue, Southeast
Washington, DC 20020

Stadium Exxon Service Station

2651 Benning Road, Northeast
Washington, DC 20019

Trifax Corporation

4131 Minnesota Avenue, Northeast
Washington, DC 20019

DuVall's Towing

4300 Minnesota Avenue, Northeast
Washington, DC 20019

Scott's Reconditioning

4121 Minnesota Avenue, Northeast
Washington, DC 20019

Addison Auto Parts

3908 Pennsylvania Avenue, Southeast
Washington, DC 20020

Exxon Service Station

4100 Hunt Place, Northeast
Washington, DC 20019

Washington Auto Wholesalers

4200 Nannie Helen Burroughs Ave, Northeast
Washington, DC 20019

Fort Davis Exxon Service Station

3825 Alabama Avenue, Southeast
Washington, DC 20020

Shell Gas & Mini Mart

4321 Nannie Helen Burroughs Ave, Northeast
Washington, DC 20019

Dixon Trucking & Hauling

1015 45th Street, Northeast
Washington, DC 20019

Quality Motors

737 50th Street, Northeast
Washington, DC 20019

Washington Transmission

4451 Nannie Helen Burroughs Ave, Northeast
Washington, DC 20019

Mechanical Technologies

4614 Nannie Helen Burroughs Ave, Northeast
Washington, DC 20019

Capitol Hill CITGO Service Station

2300 Pennsylvania Avenue, Southeast
Washington, DC 20020

Randell's Auto Body Shop

6009 Dix Street, Northeast
Washington, DC 20019

Gulf Service Station

2305 Pennsylvania Avenue, Southeast
Washington, DC 20020

Al's Auto Services

4836 Nannie Helen Burroughs Ave, Northeast
Washington, DC 20019

Auto Zone

2626 Naylor Road, Southeast
Washington, DC 20020

Hillcrest Exxon Service Station

3201 Pennsylvania Avenue, Northeast
Washington, DC 20020

Sunny Amoco

5207 Nannie Helen Burroughs Ave, Northeast
Washington, DC 20019

Abe's Towing

1329 Kenilworth Avenue, Northeast
Washington, DC 20019

Southeast Shell

2501 Pennsylvania Avenue, Southeast
Washington, DC 20020

Pennsylvania Avenue Amoco Service Station

2500 Pennsylvania Avenue, Southeast
Washington, DC 20020

Millennium Used Auto Parts

1301 Kenilworth Avenue, Northeast
Washington, DC 20019



BANKING & FINANCIAL SERVICES

Citibank

3917 Minnesota Avenue, Northeast
Washington, DC 20019

First Union National Bank

3915B Dix Street, Northeast
Washington, DC 20019

Bank of America

3821 Minnesota Avenue, Northeast
Washington, DC 20019

Sun Trust Bank

1571 Alabama Avenue, Southeast
Washington, DC 20020

Chevy Chase Bank

2831 Alabama Avenue, Southeast
Washington, DC 20020

Diversified Investments

3930 Benning Road, Northeast
Washington, DC 20019

Capital Finance Consultants

3337 Dix Street, Northeast
Washington, DC 20019

First Cash Advance

3859 Pennsylvania Avenue, Southeast
Washington, DC 20020

Rapid Leasing

3230 Pennsylvania Avenue, Southeast
Washington, DC 20020

First Union National Bank

3200 Pennsylvania Avenue, Southeast
Washington, DC 20020

Industrial Bank of Washington

125 45th Street, Northeast
Washington, DC 20019

Sun Trust Bank

1340 Good Hope Road, Southeast
Washington, DC 20020

**America's Cash Express (ACE)
Check Cashing**

3903 Benning Road, Northeast
Washington, DC 20019

Famous Pawn

3958A Pennsylvania Avenue, Southeast
Washington, DC 20020

AllFirst Bank

2865 Alabama Avenue, Southeast
Washington, DC 20020

**America's Cash Express (ACE)
Check Cashing**

2337 Pennsylvania Avenue, Southeast
Washington, DC 20019

BARBER & BEAUTY SERVICES

Beyda's Beauty Supply

2826 Alabama Avenue, Northeast
Washington, DC 20020

Fletcher's Beauty Salon

2832 Alabama Avenue, Southeast
Washington, DC 20020

Beauty World

2842 Alabama Avenue, Southeast
Washington, DC 20020

Robinson's Barber Shop

5011 H Street, Southeast
Washington, DC 20019

Edna's Beauty Salon

4248 Benning Road, Northeast
Washington, DC 20019

Carmella's Beauty Salon

2523 Pennsylvania Avenue, Southeast
Washington, DC 20020

Harley's Beauty Shop

3938 Benning Road, Northeast
Washington, DC 20019

Grover's Barber Shop

4053 Minnesota Avenue, Northeast
Washington, DC 20019

Travit Barber Shop

4323 Sheriff Road, Northeast
Washington, DC 20019

Lori's House of Beauty

4403 Sheriff Road, Northeast
Washington, DC 20019

Mary's Unisex Salon

620 Division Avenue, Northeast
Washington, DC 20019

Jessie's Beauty Salon

5814 Dix Street, Northeast
Washington, DC 20019

Tency's Beauty Salon

795 44th Street, Northeast
Washington, DC 20019

Silky's Hair Design

3841 Alabama Avenue, Southeast
Washington, DC 20020

Nina's House of Style, Inc.

3831 Pennsylvania Avenue, Southeast
Washington, DC 20020

Quality Hair Healing Beauty Salon

3210 Pennsylvania Avenue, Southeast
Washington, DC 20020

Little's Unisex Salon

1451 Howard Road, Southeast
Washington, DC 20020

Jay's Beauty & General Discount

4522 Benning Road, Northeast
Washington, DC 20019

Andrew's Hair Services

3845 Pennsylvania Avenue, Southeast
Washington, DC 20020

Braces Barber Shop

2423 Minnesota Avenue, Southeast
Washington, DC 20020

Dicken's Hair Style

2920A Minnesota Avenue, Northeast
Washington, DC 20019

W&C Hair Salon

3923 Minnesota Avenue, Northeast
Washington, DC 20019

Justina's Hair Gallery

4635 Nannie Helen Burroughs Ave, Northeast
Washington, DC 20019

Lee Barber Shop

3859 Alabama Avenue, Southeast
Washington, DC 20020

Nails

3941 Minnesota Avenue, Northeast
Washington, DC 20019

Beltway Beauty Supply

3218 Pennsylvania Avenue, Southeast
Washington, DC 20020

Alexis Hair Gallery

2844 Alabama Avenue, Southeast
Washington, DC 20020

All-N-One Beauty Salon

2844 Alabama Avenue, Southeast
Washington, DC 20020

Creative Touch by Paula

3210 Pennsylvania Avenue, Southeast
Washington, DC 20020

Jones Barber Shop

4916 Central Avenue, Northeast
Washington, DC 20019

DJ's Village Unisex Salon

3835 Pennsylvania Avenue, Southeast
Washington, DC 20020

Like That Unisex Salon

2449 Good Hope Road, Southeast
Washington, DC 20020

Wig's Hair Salon

3905C Dix Street, Northeast
Washington, DC 20019

Scott's Beauty Supply

2324 Pennsylvania Avenue, Southeast
Washington, DC 20020

Buskey's Beauty Lounge

4645 Nannie Helen Burroughs Ave, NE
Washington, DC 20019



L&J's House of Styles

5015 H Street, Southeast
Washington, DC 20019

Renfrow Barber Shop

4412 Southern Avenue, Southeast
Washington, DC 20019

Penn-Branch Barber Shop

3206 Pennsylvania Avenue, Southeast
Washington, DC 20020

Show Biz Hair Salon

3710 Minnesota Avenue, Southeast
Washington, DC 20019

Arlene's Unisex Beauty Salon

2524 Pennsylvania Avenue, Southeast
Washington, DC 20020

Dave's Barber Shop

3550 East Capitol Street, Southeast
Washington, DC 20019

T&N Nails

3847 Pennsylvania, Southeast
Washington, DC 20020



CATERING

Barnett Caterers

601 Division Avenue, Northeast
Washington, DC 20019

Chesapeake Bagel Bakery & Restaurant

3839 Minnesota Avenue, Northeast
Washington, DC 20019

VJ Catering

1104 44th Place, Southeast
Washington, DC 20019

Bowen Catering

4512 Bowen Road, Southeast
Washington, DC 20019

Datcher Caterers, Inc.

2819 Minnesota Avenue, Southeast
Washington, DC 20019

**CLEANERS & LAUNDRY
(CLOTHING)**

Greenway Cleaners

3552 East Capitol Street, Northeast
Washington, DC 20019

Minnesota Cleaners

2918 Minnesota Avenue, Northeast
Washington, DC 20019

Spin Cycle Coin Laundry

3250 Pennsylvania Avenue, Southeast
Washington, DC 20020

Express Dry Cleaners

603 48th Street, Northeast
Washington, DC 20019

Fairfax Cleaners

3839 Pennsylvania Avenue, Southeast
Washington, DC 20020

Washington Cleaners

332 6th Street, Northeast
Washington, DC 20019

Lustre Cleaners

3225 Pennsylvania Avenue, Southeast
Washington, DC 20020

Sparkling Clean Service

4740 Benning Road, Northeast
Washington, DC 20019

Bailey's Laundry Center, Inc.

4514 Benning Road, Northeast
Washington, DC 20019

Denco Cleaners

4516 Benning Road, Northeast
Washington, DC 20019

Super Cleaners

1453 Howard Road, Southeast
Washington, DC 20019

Highland Cleaners & Tailors

2341 Pennsylvania Avenue, Southeast
Washington, DC 20020

Greenhouse Cleaners

4001 Gault Place, Northeast
Washington, DC 20019

Deane Avenue Cleaners

4309 Nannie Helen Burroughs Ave. NE
Washington, DC 20019

Cleaner Service

3915A Dix Street, Northeast
Washington, DC 20019

Laundromat Service

3915C Dix Street, Northeast
Washington, DC 20019

Betty Brite Dry Cleaner

5123 Nannie Helen Burroughs Ave., NE
Washington, DC 20019

Spin Cycle

2800C Alabama Avenue, Southeast
Washington, DC 20020

Bill's Valet

4750 Sheriff Road, Northeast
Washington, DC 20019

Hilltop Cleaners

2712 Good Hope Road, Southeast
Washington, DC 20020

Gordon's Cleaning Service

3331 Ely Place, Southeast
Washington, DC 20019

Peterson & Sons Cleaning

208 45th Street, Northeast
Washington, DC 20019

Scotts Cleaners

5004 Benning Road, Northeast
Washington, DC 20019

Super Clean Cleaners

4415 Bowen Road, Southeast
Washington, DC 20019

Sunny's Cleaners

5579 Central Avenue, Southeast
Washington, DC 20019

CLEANING (COMMERCIAL & RESIDENTIAL)

Quality Touch, Inc.

1235 Kenilworth Avenue, Northeast
Washington, DC 20019

Jackson Cleaning Service

326 63rd Street, Northeast
Washington, DC 20019

Harvey's Janitorial Services

220 Division Avenue, Northeast
Washington, DC 20019

Spic & Span Janitorial Service

5539 Central Avenue, Southeast
Washington, DC 20019

B&B Maintenance

2534 Elvans Road, Southeast
Washington, DC 20020

Well Done Carpet Cleaning Svc

2306 Hartford Street, Southeast
Washington, DC 20020

CLEANING SUPPLIERS

MTW Distributors, Inc.

1235 Kenilworth Avenue, Northeast
Washington, DC 20019

Affordable Supply Company, Inc.

5121 Nannie Helen Burroughs Ave., NE
Washington, DC 20019

Powell's Manufacturing Ind.

258 35th Street, Northeast
Washington, DC 20019

CONTRACTORS (CONCRETE, GENERAL, HOME IMPROVEMENT, HVAC, IRON WORK, PAINTING, PLUMBING)

CL Brown Contractors

1235 Kenilworth Avenue, Northeast
Washington, DC 20019

Twin Air Heating & Air Conditioning (Commercial & Residential)

3201 Alabama Avenue, Southeast
Washington, DC 20020

A-24 Hour Locksmith Service

2908 Alabama Avenue, Southeast
Washington, DC 20020

MTI Liberty Construction, Inc.

6029 Dix Street, Northeast
Washington, DC 20019

C&C Contracting

4651 Nannie Helen Burroughs Ave, NE
Washington, DC 20019

Lawn Restoration Service

2925 O Street, Southeast
Washington, DC 20020

J&S Masonry Co., Inc.

3011 O Street, Southeast
Washington, DC 20020

Faxio's Iron Work

4235 Sheriff Road, Northeast
Washington, DC 20019

Rana Refrigeration

2314 Pennsylvania Avenue, Southeast
Washington, DC 20020

Del-Chris Contractors, Inc.

2408 Minnesota Avenue, Southeast
Washington, DC 20020

Cleo's Bros Electrical Contractors

1235 Kenilworth Avenue, Northeast
Washington, DC 20019

Independent Electric, Inc.

4215 Dix Street, Northeast
Washington, DC 20019

ACE Chemical Coating

4036 Gault Place, Northeast
Washington, DC 20019

Bryant General Toil Services

3461 Massachusetts Avenue, Southeast
Washington, DC 20019

Randall General Hauling

3954 E. Capitol Street, Northeast
Washington, DC 20019

Maryland Metro Trucking, Inc.

6029 Dix Street, Northeast
Washington, DC 20019

RSC Elec. & Mechanical Contrac.

6035 Dix Street, Northeast
Washington, DC 20019

All Star Utility Co., Inc.

6101 Dix Street, Northeast
Washington, DC 20019

Delta Lock & Security Co.

1000 Kenilworth Avenue, Northeast
Washington, DC 20019

Whole Deal Contracting, Inc.

4315 Minnesota Avenue, Northeast
Washington, DC 20019

Feltman Enterprises

1329 Kenilworth Avenue, Northeast
Washington, DC 20019

Crane Service Company

1415 Kenilworth Avenue, Northeast
Washington, DC 20019

Ava Electric Company

6037 Dix Street, Northeast
Washington, DC 20019

Simonson Excavating Contractor

5019 Hayes Street, Northeast
Washington, DC 20019

Northeastern Construction Co.

1119 44th Place, Southeast
Washington, DC 20019

H&B Trash Removal, Inc.

2727 N Street, Southeast
Washington, DC 20019

E&J Landscape Company

3133 Lyndale Place, Northeast
Washington, DC 20019

Joseph C. Hill Home Improvements

501 47th Street, Northeast
Washington, DC 20019

Sam's Plumbing & Heating

1161 46th Place, Southeast
Washington, DC 20019

Ebony Construction Company

5212 D Street, Southeast
Washington, DC 20019

Service Electric of DC

5225 Blaine Street, Northeast
Washington, DC 20019

J.E. Smith Construction Corp.

4911 C Street, Southeast
Washington, DC 20019

HC Applicators

3020 G Street, Southeast
Washington, DC 20019

Miles Lock & Key

1412 Morris Road, Southeast
Washington, DC 20020

District Line Fuel Company

5717 Dix Street, Northeast
Washington, DC 20019

Capital Renovations

3712 Nash Street, Southeast
Washington, DC 20020

Building Systems, Inc.

3800 Nash Street, Southeast
Washington, DC 20020

D&S Heating & Air Conditioning

2912 Alabama Avenue, Southeast
Washington, DC 20020

COURIERS

Spear Courier

4113 Beck Street, Southeast
Washington, DC 20019

Roadrunner Main Services

510 Ridge Road, Southeast, #103
Washington, DC 20020

Superior Couriers

4052 Minnesota Avenue, Northeast
Washington, DC 20019



DAY CARE

Wee Care Day Care Center

3811 Massachusetts Ave, Northeast
Washington, DC 20019

Agape Cabbage Patch Day Care

2510 Pennsylvania Avenue, Southeast
Washington, DC 20020

All My Children Child Development Center, Inc.

510 59th Street, Northeast
Washington, DC 20019



ENTERTAINMENT & CULTURAL ARTS

Northeast Performing Arts Group

4103 Benning Road, Northeast
Washington, DC 20019

Sign of the Times

605 56th Street, Northeast
Washington, DC 20019

Hollywood Video

2851 Alabama Avenue, Southeast
Washington, DC 20019

Sabin's Records

3212 Pennsylvania Avenue, Northeast
Washington, DC 20020

East of the River Boys & Girls Steelband

4103 Benning Road, Northeast
Washington, DC 20019

African American Music Assoc.

2105 32nd Street, Southeast
Washington, DC 20020

African Heritage Dancers & Drummers

4018 Minnesota Avenue, Northeast
Washington, DC 20019

Federal Music Supply Corp.

3936 Minnesota Avenue, Northeast
Washington, DC 20019

Greene Cards

4044 Blaine Street, Northeast
Washington, DC 20019

The Chateau

4339 Benning Road, Northeast
Washington, DC 20019

North Star Gallery

3230 Pennsylvania Avenue, Southeast
Washington, DC 20020

Port of Harlem Magazine

3215 W Street, Southeast
Washington, DC 20020

Smooth Sound, Inc.

1710 22nd Street, Southeast
Washington, DC 20020

Fox Publishing Company

2102 Young Street, Southeast
Washington, DC 20020

Southeast Neighborhood House

1225 Maple View Place, Southeast
Washington, DC 20020



FLORISTS

Shaleh's Cards, Flowers & Gifts

3907 Benning Road, Northeast
Washington, DC 20019

Minnesota Florists

4049 Minnesota Avenue, Northeast
Washington, DC 20019

FUNERAL SERVICES

Funeral Service Merchandise

19 53rd Street, Southeast
Washington, DC 20020

Stewart Funeral Home

4001 Benning Road, Northeast
Washington, DC 20019

Alexander Pope Funeral Home

2617 Pennsylvania Avenue, Southeast
Washington, DC 20019

Washington & Son Funeral Home

4925 Nannie Helen Burroughs Ave, NE
Washington, DC 20019

Rollins Funeral Home

4339 Hunt Place, Southeast
Washington, DC 20019

Robert G. Mason Funeral Home

1661 Good Hope Road, Southeast
Washington, DC 20020



GROCERY

Murry's Steaks

3932 Minnesota Avenue, Northeast
Washington, DC 20019

Lee's Mini Market

3853 Alabama Avenue, Southeast
Washington, DC 20020

Shop Express Food Store

3900 Benning Road, Northeast
Washington, DC 20019

All-N-One

2844 Alabama Avenue, Southeast
Washington, DC 20020

Benn's Market

4202 Benning Road, Northeast
Washington, DC 20019

G&G Grocery

2924 Minnesota Avenue, Northeast
Washington, DC 20019

Penn Branch Mini Market

3228 Pennsylvania Avenue, Southeast
Washington, DC 20020

Safeway Stores, Inc.

322 40th Street, Northeast
Washington, DC 20019

A-1 Grocery

615 Division Avenue, Northeast
Washington, DC 20019

Murry's Steaks

2800 Alabama Avenue, Southeast
Washington, DC 20020

Menick's Market

4401 Nannie Helen Burroughs Ave, NE
Washington, DC 20019

Village Pantry

3833 Pennsylvania Avenue, Southeast
Washington, DC 20020

Kim's Seafood Market

3837 Pennsylvania Avenue, Southeast
Washington, DC 20020

Benning Heights Market

547 42nd Street, Northeast
Washington, DC 20019

7 Eleven Food Store

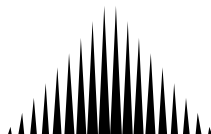
960 Eastern Avenue, Northeast
Washington, DC 20019

Cummings Market

5807 Dix Street, Northeast
Washington, DC 20019

Jones Deli & Grocery

4350 Texas Avenue, Northeast
Washington, DC 20019

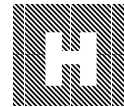


People's Market

2518 Pennsylvania Avenue, Southeast
Washington, DC 20020

Safeway Stores, Inc.

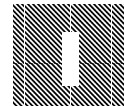
2845 Alabama Avenue, Southeast
Washington, DC 20020



HARDWARE

Clark's Hardware & Glass

4410 Southern Avenue, Southeast
Washington, DC 20019



INSURANCE

Allstate Insurance Agency

3230 Pennsylvania Avenue, Southeast
Washington, DC 20020



MEDICAL SERVICES (HEALTH ORGANIZATIONS, PHYSICIANS, DENTISTS, MEDICAL SUPPLIES)

Chartered Health Plan

3924 Minnesota Avenue, Northeast
Washington, DC 20019

Planned Parenthood

3937 Minnesota Avenue, Northeast
Washington, DC 20019

Pleasant Seat Drugs

350 Eastern Avenue, Northeast
Washington, DC 20019

Thaddeus Mumford, DDS

3801 Minnesota Avenue, Northeast
Washington, DC 20019

Nabil Asterbadi, MD

2811 Pennsylvania Avenue, Northeast
Washington, DC 20020

East River Park Dialysis Center

3929 Minnesota Avenue, Northeast
Washington, DC 20019

Deborah Jeffries, DDS

3230 Pennsylvania Avenue, Southeast
Washington, DC 20020

Child & Family Therapy Center

3861 Alabama Avenue, Southeast
Washington, DC 20020

Because We Care CPR Training

3230 Pennsylvania Avenue, Southeast
Washington, DC 20020

Dr. James Girolami &

Dr. Paul Giegerich, Podiatrists

3230 Pennsylvania Avenue, Southeast
Washington, DC 20020

Steven Stein, MD

2715 Pennsylvania Avenue, Southeast
Washington, DC 20020

Bertha Martin, DDS

3230 Pennsylvania Avenue, Southeast
Washington, DC 20020

American Group Health Mgmt.

2818 Pennsylvania Avenue, Southeast
Washington, DC 20020

Dr. Yusuf Internal Medicine

3230 Pennsylvania Avenue, Southeast
Washington, DC 20020

Gambro Healthcare

3855-3857 Pennsylvania Avenue, Northeast
Washington, DC 20020

A.C. Romeo, MD

2412 Minnesota Avenue, Southeast
Washington, DC 20020

Hillcrest Women's Surgical Center

3233 Pennsylvania Avenue, Southeast
Washington, DC 20020

Paul Wells Dental Assoc.

1606 25th Street, Southeast
Washington, DC 20020

Deanwood Health Center

4649 Nannie Helen Burroughs Ave, NE
Washington, DC 20019

**East of the River Community
Health Center**

5929 East Capitol Street, Southeast
Washington, DC 20019

**Benning Heights Neighborhood
Health Center**

46th & Benning Road, Northeast
Washington, DC 20019

Hunt Place Neighborhood Health

4130 Hunt Place, Northeast
Washington, DC 20019

Grant Park Nursing Home, LP

5000 Nannie Helen Burroughs Ave, NE
Washington, DC 20019

Jimmy Howell, DDS

2526 Pennsylvania Avenue, Southeast
Washington, DC 20019

Ray Dex Dental Associates

3851 Alabama Avenue, Southeast
Washington, DC 20020

Francis L. Smith, DDS

4651 Nannie Helen Burroughs Ave, SE
Washington, DC 20019

Psychotherapy & Counseling Ctr

2526 Pennsylvania Avenue, Northeast
Washington, DC 20020

Valerie D. Bess, DDS

2641 Naylor Road, Southeast
Washington, DC 20020

Leonard Hill, DDS

2645 Naylor Road, Southeast
Washington, DC 20020

MISCELLANEOUS

United Vending Service Co.

3705 Benning Road, Northeast
Washington, DC 20019

W&F Eviction Service

4601 Hunt Place, Northeast
Washington, DC 20019

Perkins Piano Service

3032 P Street, Southeast
Washington, DC 20020

Service Shade Shop

258 35th Street, Northeast
Washington, DC 20019

Futureskill

3001 N Street, Southeast
Washington, DC 20020

Nile Enterprises, Inc.

4750 Sheriff Road, Northeast
Washington, DC 20019

Owens Landscaping Service

4044 Ely Place, Southeast
Washington, DC 20020

Quality Consulting Services

1128 46th Street, Southeast
Washington, DC 20020

Pro-Vent Termite & Pest Control

5213 Jay Street, Northeast
Washington, DC 20019

Loise's Custom Tailoring

3612 Bangor Street, Southeast
Washington, DC 20020

Harbor Management Service Corp

2500 34th Street, Southeast
Washington, DC 20020

T-Shirt Works Human Billboard

3644 Bangor Street, Southeast
Washington, DC 20020

Personal Protection Agency

3625 36th Place, Southeast
Washington, DC 20020

Allied Language Coop, Inc.

2714 31st Street, Southeast
Washington, DC 20020

Walton & Green Consultants

2908 Naylor Road, Southeast
Washington, DC 20020

Agile Moving & Storage

1532 Fort Davis Street, Southeast
Washington, DC 20020

Burton's Driving School

2319 Pennsylvania Avenue, Southeast
Washington, DC 20020

Underground Designs

4185 Minnesota Avenue, Northeast
Washington, DC 20019

**Perico, Inc. Management
Consultants**

3230 Pennsylvania Avenue, Southeast
Washington, DC 20020

**HB Promotions & Events
Consulting**

1025 31st Street, Southeast
Washington, DC 20020

**GJS Business Consulting & Word
Processing**

4918 Minnesota Avenue, Northeast
Washington, DC 20019

Bowden Interpreting Service

2112 32nd Street, Southeast
Washington, DC 20020

Duke TV & Stereo

2443 Good Hope Road, Southeast
Washington, DC 20020

Odyssey Leasing

2451 Good Hope Road, Southeast
Washington, DC 20020

Will Kill Pest Elimination

1235 Kenilworth Avenue, Northeast
Washington, DC 20019

C&L Photo Video

2333 Chester Street, Southeast
Washington, DC 20020

Potomac Electric Power Co.

3300 Benning Road, Northeast
Washington, DC 20019

M&B Duplicating

1515 Kenilworth Avenue, Northeast
Washington, DC 20019

Givens Tree Service

5416 C Street, Southeast
Washington, DC 20020

Murphy's Floor Co.

5427 B Street, Southeast
Washington, DC 20020

Larry's Fish Bowl

3730 Minnesota Avenue, Northeast
Washington, DC 20019



OFFICE SUPPLIES

Au Bey Office Services

3215 Pennsylvania Avenue, Southeast
Washington, DC 20020



PHARMACY

CVS Drugstore

3240 Pennsylvania Avenue, Southeast
Washington, DC 20020

Deanwood Pharmacy

4645 Nannie Helen Burroughs, Ave, NE
Washington, DC 20019

Fairfax Village

3827 Pennsylvania Avenue, Southeast
Washington, DC 20020

CVS Drugstore

320 40th Street, Northeast
Washington, DC 20019

CVS Drugstore

2646 Naylor Road, Southeast
Washington, DC 20020

PHOTOGRAPHY

Earl Howard Studios

2528 Pennsylvania Avenue, Southeast
Washington, DC 20020

Jackson Photographs

3940 Blaine Street, Northeast
Washington, DC 20019

PROFESSIONAL SERVICES

**Legacy Management Group
Architecture-Construction Mgmt**

2619 Naylor Road, Southeast
Washington, DC 20020

Patrick Senftle Law Offices

3341 Benning Road, Northeast
Washington, DC 20019

**Ward 7 Association of Commercial
Enterprises, Inc.**

3930 Benning Road, Southeast
Washington, DC 20019

**CAFAM III, Internet
Communications**

116 35th Street, Northeast
Washington, DC 20019

Carr International Network

3916 Ames Street, Northeast
Washington, DC 20020

James E. Newell Decorators

4185 Minnesota Avenue, Northeast
Washington, DC 20019

Horning Brothers

4040 East Capitol Street, Northeast
Washington, DC 20020

Equity Management, Inc.

3600 Ely Place, Southeast
Washington, DC 20020

Prodigy Business Services

716 Adrian Street, Southeast
Washington, DC 20019

Bakare Designs

3162 Westover Drive, Southeast
Washington, DC 20020

Will Kill Pest Elimination

1235 Kenilworth Avenue, Northeast
Washington, DC 20019

A Professional Alternative

3983 Ames Street, Northeast
Washington, DC 20019

Capital City Business Center

1310 4th Street, Southeast
Washington, DC 20020

E.N.T.E.R. Computers

P.O. Box 1870
Washington, DC 20019



REAL ESTATE

Ivan Brown Realty

3211 Pennsylvania Avenue, Southeast
Washington, DC 20020

Carter 7 Shirley Realty Company

3807 Minnesota Avenue, Northeast
Washington, DC 20019

DeFabio Real Estate Company

3827 Pennsylvania Avenue, Southeast
Washington, DC 20020

Urban Realty & Development

782 Kenilworth Avenue, Northeast
Washington, DC 20019

Kenilworth Parkside Mgmt

4500 Quarles Street, Northeast
Washington, DC 20019

Vijon Realty Co., Inc.

102 58th Street, Southeast
Washington, DC 20019

A.J. Edwards Realty Company

2412 Pennsylvania Avenue, Northeast
Washington, DC 20020

CHI Properties, Inc.

3738 D Street, Southeast
Washington, DC 20020

Altman Realty Company, Inc.

1649 W Street, Southeast
Washington, DC 20020

Walter W. Davy Real Estate

3423 Benning Road, Northeast
Washington, DC 20019

Altman Realty Company, Inc.

2732 Langston Place, Southeast
Washington, DC 20020

Delwin Realty Company

2501 25th Street, Southeast
Washington, DC 20020

RESTAURANTS/CARRYOUTS

Chesapeake Bagel Bakery & Restaurant

3839 Minnesota Avenue, Northeast
Washington, DC 20019

Denny's Restaurant

4445 Benning Road, Northeast
Washington, DC 20019

Papa John's Pizza

3827 Pennsylvania Avenue, Southeast
Washington, DC 20020

Ms. Charlotte's Crab House

2902 Minnesota Avenue, Northeast
Washington, DC 20019

Super Star Chinese Food Carryout

3847 Alabama Avenue, Southeast
Washington, DC 20020

Mario's Pizza

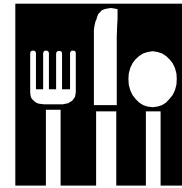
1401 25th Street, Southeast
Washington, DC 20020

Danny's Sub Shop

3831 Pennsylvania Avenue, Southeast
Washington, DC 20020

Alston's Seafood

4181 Minnesota Avenue, Northeast
Washington, DC 20019



Capitol Szechuan

5305 East Capitol Street, Northeast
Washington, DC 20020

Chris Deli

4903 Nannie Helen Burroughs Ave, NE
Washington, DC 20019

Pizza Hut

3905 Dix Street, Northeast
Washington, DC 20019

McDonald's Restaurant

3901 Minnesota Avenue, Northeast
Washington, DC 20019

Jezreel Carryout

4505 Sheriff Road, Northeast
Washington, DC 20019

Wendy's Restaurant

4250 Nannie Helen Burroughs Ave, NE
Washington, DC 20019

Hah Sing Restaurant

2521 Pennsylvania Avenue, Southeast
Washington, DC 20020

Far East Deli

1612 Kenilworth Avenue, Northeast
Washington, DC 20019

Best Carryout

2537 Pennsylvania Avenue, Southeast
Washington, DC 20020

Alston Seafood, Inc.

4189 Minnesota Avenue, Northeast
Washington, DC 20019

Domino's Pizza

3845 Alabama Avenue, Southeast
Washington, DC 20020

Georges' Carryout

5120 Nannie Helen Burroughs Ave, NE
Washington, DC 20019

Minnesota Avenue Seafood

3835 Minnesota Avenue, Northeast
Washington, DC 20019

East Chin Cafe

3847 Minnesota Avenue, Northeast
Washington, DC 20019

McDonald's Restaurant

4301 Nannie Helen Burroughs Ave, NE
Washington, DC 20019

Shrimp Boat

4510 East Capitol Street, Northeast
Washington, DC 20019

Capital Seafood

2335 Pennsylvania Avenue, Southeast
Washington, DC 20020

KFC Restaurants

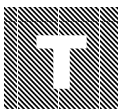
4435 Benning Road, Northeast
Washington, DC 20019

Star Pizza

3222 Pennsylvania Avenue, Southeast
Washington, DC 20020

Danny's

2824 Alabama Avenue, Southeast
Washington, DC 20020



TAX SERVICE

Jackson Hewitt Tax Services

3905 Benning Road, Northeast
Washington, DC 20019

X-Press Refund Tax Service

3936 Minnesota Avenue, Northeast
Washington, DC 20019

Cunningham Tax Service

5062 J Street, Northeast
Washington, DC 20019

H&R Block – Eastern Tax Service

3214 Pennsylvania Avenue, Southeast
Washington, DC 20020

Jackson Hewitt Tax Service

3849 Pennsylvania Avenue, Southeast
Washington, DC 20020

Davis & Sons Tax Service

1522 Good Hope Road, Southeast
Washington, DC 20020

TRANSPORTATION

ABC Cab, Inc.

3399 Benning Road, Northeast
Washington, DC 20019

Ridgley Bus Company

4600 Minnesota Avenue, Northeast
Washington, DC 20019

Coastline Cabs

4341 Dubois Place, Southeast
Washington, DC 20020

A&B Bus Company, Inc.

1607 38th Street, Southeast
Washington, DC 20020

Associate Limousine Service, Inc.

1651 38th Street, Southeast
Washington, DC 20020

Douglas Lincoln Travel, Inc.

3414 Highwood Drive, Southeast
Washington, DC 20020

Ransome Trucking

2438 Elvans Road, Southeast
Washington, DC 20020

Deadwyler School Bus Company

2930 K Street, Southeast
Washington, DC 20020

Oscar D. Jeter Trucking, Inc.

4127 Anacostia Avenue, Northeast
Washington, DC 20019

Century Motor Cars

3345 Benning Road, Northeast
Washington, DC 20019

Henderson Bus Company

3765 Jay Street, Northeast
Washington, DC 20019

TRAVEL AGENCY

East of the River Travel Agency

3225 Pennsylvania Avenue, Southeast
Washington, DC 20020



VARIETY STORES

Sports Factory

3224 Pennsylvania Avenue, Southeast
Washington, DC 20020

Steward Variety

3728 Minnesota Avenue, Northeast
Washington, DC 20019

Patrons Convenience Store

3235 Pennsylvania Avenue, Southeast
Washington, DC 20020

Discount Mart

2834 Alabama Avenue, Southeast
Washington, DC 20020

Rent-A-Center

2857 Alabama Avenue, Southeast
Washington, DC 20020

Plaza Discount Store

5929 East Capitol Street, Northeast
Washington, DC 20019

Beyda Discount

2826 Alabama Avenue, Southeast
Washington, DC 20020

99 Cents Store

3936 Minnesota Avenue, Northeast
Washington, DC 20019

Radio Shack

2837 Alabama Avenue, Southeast
Washington, DC 20020

VETERINARIAN

Southeast Animal Hospital
2309 Pennsylvania Avenue, Southeast
Washington, DC 20020



WINE & SPIRITS

Penn Branch Liquors
3232 Pennsylvania Avenue, Southeast
Washington, DC 20020

Greenway Liquor
3700 Minnesota Avenue, Northeast
Washington, DC 20019

Benning Liquor
3445 Benning Road, Northeast
Washington, DC 20019

S&P Liquors
2316 Pennsylvania Avenue, Southeast
Washington, DC 20020

Big "D" Liquors
4131A Minnesota Avenue, Northeast
Washington, DC 20019

Lee's Liquors
2329 Pennsylvania Avenue, Southeast
Washington, DC 20020

Fairfax Liquors
3851 Pennsylvania Avenue, Southeast
Washington, DC 20020

Strand Liquors
605 Division Avenue, Northeast
Washington, DC 20019

Skyland Liquors
2648 Naylor Road, Southeast
Washington, DC 20020

Weltman's Liquor
3928 Minnesota Avenue, Northeast
Washington, DC 20019

Malcolm Liquor Store
3845 Minnesota Avenue, Northeast
Washington, DC 20019

W&J Liquor
4416 Southern Avenue, Southeast
Washington, DC 20020

Dave Miller Globe Liquors
4520 Benning Road, Northeast
Washington, DC 20019

O'Connor's Liquor
2900 Minnesota Avenue, Northeast
Washington, DC 20019

Skip's Liquors & Laundromat
405 61st Street, Northeast
Washington, DC 20019

Granny's Beer & Wine
2509 Branch Avenue, Southeast
Washington, DC 20020

Liquor Express
2846 Alabama Avenue, Southeast
Washington, DC 20020



The Marshall Heights Community Development Organization, Inc. (MHCDO) has worked for more than twenty years to strengthen families, build neighborhoods and expand the economic opportunities for the people who live, work and do business in the Ward 7 area of Washington, DC. For more information about MHCDO programs and services, please contact us at 202/396-1200, or visit us at www.mhcdo.org.

